



*Chosen to root out, pull down to build and to plant*

WOMEN OF WAR

# Present Help

Finding Strength in  
the God Who Never  
Delays

# Introduction

There are moments in life when the strength of the flesh crumbles, when human wisdom runs dry, and when the hands that once held you can no longer sustain you. It is in these defining moments that the true nature of divine help is revealed. God's help is not an afterthought, it is the invisible hand that has been holding you all along. Before your cry reached Heaven, His mercy was already moving toward you.

Before the storm rose, He had already positioned Himself as your shelter. Before the battle intensified, He had already gone before you as the Commander of your deliverance. The help of God is not random or reactive, it is eternal in timing and deliberate in purpose. When Scripture says, "***God is our refuge and strength, a very present help in trouble***" (*Psalm 46:1*), it does not mean He simply visits us when things fall apart; it means He dwells within the crisis to reveal His strength in our weakness.

His presence is not passive, it is power manifested in motion. He is not just aware of your struggle; He is actively orchestrating your outcome. From Genesis to Revelation, the help of God has always marked those chosen by destiny. When Moses stood trembling before Pharaoh, divine help spoke through his stammering lips.

When David faced Goliath, divine help guided the stone to its target. When Daniel was thrown into the lions' den, divine help locked the jaws of danger. And when Peter was sinking beneath the waves, divine help stretched out a hand in perfect timing. Each story whispers the same truth, God's help does not delay; it arrives at the precise moment of destiny.

To declare that "God is my help" is to renounce the illusion of self-sufficiency. It is to acknowledge that what sustains you is not your own resilience but the unrelenting mercy of God. It is to say, "Even when I cannot see my way out, I trust the One who is already in the midst of it." Divine help is not limited by time zones, distance, or impossibility, it transcends them. It finds you in wildernesses, in prisons, in fiery furnaces, and even in the quiet despair of your thoughts.

These declarations are not mere affirmations, they are spiritual activations. When you speak them, you summon the same power that parted seas, shut the mouths of lions, and rolled away stones. You invite the Helper, the Spirit of God, to step into the rooms of your life, to lift burdens, dismantle oppression, and release strength where weakness once dwelt. This is not a cry of desperation; it is a declaration of assurance. For the one who knows their Helper never fears the storm, they command it to be still.

# GOD IS MY HELP DECLARATIONS

*Psalm 46:1*

*God is our refuge and strength, A very present help in  
trouble.*

## **Declaration:**

I decree that the Lord is my immediate and present help. I will not be moved by trouble. God surrounds me as a fortress and fills me with God's strength. Every storm sent to shake me will encounter the unshakable refuge of the Almighty.

*Isaiah 41:10*

*Fear not, for I am with you; Be not dismayed, for I am  
your God. I will strengthen you, Yes, I will help you,  
I will uphold you with My righteous right hand.*

## **Declaration:**

I declare that fear is banished from my atmosphere. The hand of the Lord upholds me, and I will not collapse under pressure. I am strengthened by God's might and lifted above every attack. The righteous right hand of God secures my destiny.

*Psalm 28:7*

*The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices And with my song I will praise Him.*

**Declaration:**

I decree that the Lord is my strength and shield. Every fiery dart of the enemy is quenched. I receive supernatural help that confounds opposition. My praise becomes a weapon, and my worship births victory.

*Psalm 121:1–2*

*I will lift up my eyes to the hills—From whence comes my help? My help comes from the Lord,  
Who made heaven and earth.*

**Declaration:**

I declare that my eyes are fixed on the Lord, the Maker of heaven and earth. I will not depend on man, system or circumstance. Help from above locates me on time, in place and with precision. God's assistance overtakes every earthly delay in my life.

*Isaiah 40:29–31*

*He gives power to the weak,  
And to those who have no might He increases strength. Even the youths shall faint and be weary,*

*And the young men shall utterly fall, But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.*

**Declaration:**

I decree that I receive fresh strength from the Lord. Every weakness in my body, soul and spirit is exchanged for God's power. I mount up with wings as an eagle, and I soar above every limitation. Weariness is broken, delay is cancelled, and godly momentum carries me forward.

*Philippians 4:13*

*I can do all things through Christ who strengthens me.*

**Declaration:**

I declare that I am unstoppable in Christ. Every assignment ordained by Heaven is completed with supernatural ability. Jesus Christ within me supplies the power to build, to overcome and to conquer. No barrier is too strong for the strength of God in me.

*Psalms 54:4*

*Behold, God is my helper; The Lord is with those who uphold my life.*

**Declaration:**

I decree that God Himself is my helper. The Lord appoints men, angels and systems to uphold my life. No betrayal, no abandonment and no warfare can pull me down. Help from God rises on every side of me.

*2 Samuel 22:33*

*God is my strength and power, And He makes my way perfect.*

**Declaration:**

I declare that strength and power from God is my portion. The Lord perfects every path before me. I walk with stability, clarity and victory. Every crooked way is made straight by the hand of my God.

*Psalms 118:14*

*The Lord is my strength and song, And He has become my salvation.*

**Declaration:**

I decree that the Lord is both my melody and my might. My song is victory, my strength is from God, and my salvation is secure. No voice of defeat can silence the sound of my triumph.

*Hebrews 13:6*

*So we may boldly say: The Lord is my helper; I will not fear. What can man do to me?*

**Declaration:**

I declare that I live fearlessly under the help of God. The opinions and threats of man can not shake my faith. I walk in boldness, confidence and heavenly backing. My help is eternal, and my victory is assured.

*Hebrews 13:20–21*

*Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.*

**Declaration:**

I decree that I am made complete for every godly assignment. The blood of the everlasting covenant equips me to fulfil God's will without lack or limitation. I am a vessel of obedience. I am fashioned for His glory.

**2 Corinthians 9:8**

***And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work.***

***Declaration:***

I declare that grace overflows toward me. I lack no spiritual, financial or mental supply for what God has called me to do. I receive God's abundance, and His sufficiency covers every area of my life.

**Philippians 2:13**

***For it is God who works in you both to will and to do for His good pleasure.***

***Declaration:***

I decree that God's power operates within me. My desires align with God's will, and my actions fulfil His pleasure. Every area of resistance in me is broken. I move in total obedience to the Holy Spirit.

**Ephesians 2:10**

***For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.***

***Declaration:***

I declare that I am God's masterpiece. I walk boldly in the works prepared for me. My steps are guided, my purpose is clear, and my destiny manifests by divine design.

***2 Peter 1:3***

***As His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue.***

***Declaration:***

I decree that nothing is missing in my life. God's power furnishes me with all that pertains to life and godliness. I function in God's wisdom, walk in His provision and manifest His purpose.